Pediatric Diabetes Epidemic

TARGET AUDIENCE
This program is designed for registered nurses working with pediatric clients in various settings and for any registered nurses who desire to update their knowledge of pediatric diabetes. The information is also appropriate for other healthcare professionals such as MSW, RD, and therapists.

GOAL OF THE PROGRAM
To enable the learner to advocate for interventions to prevent the development of diabetes and to more effectively assist in the management of care of those who are diagnosed with diabetes.

PROGRAM OBJECTIVES
At the conclusion of this program the participant will be able to:
1. Recognize the early signs and symptoms which may indicate a diagnosis of Type 1 Diabetes.
2. Identify the different types of insulin, their mechanism of action, and duration of action.
3. Understand how “play” can be used to help children cope with diabetes.
4. Understand the challenges and opportunities nutrition plays in prevention and management of the diabetic child.
5. Discuss the role of the school nurse and challenges the school nurse faces in the management of pediatric diabetes.
6. List two (2) resources for families and practitioners for pediatric diabetes management.
7. Plan a program of exercise for pediatric diabetic management.

COURSE DESCRIPTION
Diabetes in children is reaching epidemic numbers. The battle to turn the tide is a difficult and multidisciplinary one.

In the interest of prevention and management of those already diagnosed, we will explore diet, lifestyle, and medicating strategies.

In pediatric diabetes, dietitians, school nurses, a Pediatric Nurse Practitioner, exercise experts, and a Child Life Specialist will discuss what we need to do to change the predictions of even greater numbers of children with diabetes and include the latest interventions for managing diabetes in children.

AGENDA
February 21, 2014

7:45-8:15 Registration and Continental Breakfast
Pat Miller

8:15-8:25 Welcome and Announcements

8:25-9:25 Pediatric Diabetes Really is Different
Amy Arceneaux

9:25-10:25 Medication Management
Leslie Fontenot

10:25-10:40 Break

10:40-11:10 How Can “Play” Assist the Practitioner and the Child
Janie Eldridge

11:10-12:10 Lunch Break (Available on site through the Petroleum Club, $18.00 cash or check payable to Petroleum Club or participants may leave and return at 12:10 PM)

12:10-1:10 Diet: It is 4 Letters but Not a Dirty Word
Mary Miller

1:10-1:25 Break

1:25-2:25 Practical Management in the School System
Julie Buller and Becky Vincent

2:25-3:00 What Else Can We Do? Make It Fun and Effective
Breezy Rourk and Eugene Kwarteng

CONTINUING EDUCATION
University of Louisiana at Lafayette College of Nursing and Allied Health Professions is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Louisiana State Board of Nursing – Provider # 9.

To receive 5.0 contact hours, the participant must attend the entire program, and complete and submit the Contact Hour and Evaluation forms.

DISCLAIMER
American Nurses Credentialing Center (ANCC) accreditation applies only to the educational content of the program. University of Louisiana at Lafayette College of Nursing and Allied Health Professions Continuing Nursing Education Program and ANCC Commission on Accreditation does not approve or endorse any product.

FACULTY
Amy Arceneaux, APRN, PNP-BC
Ms. Arceneaux received her Master’s degree from the University of South Alabama and is certified as a Pediatric Nurse Practitioner and Clinical Nurse Specialist. She has worked at the Kids Specialty Center since 2008 and joined the Pediatric Endocrinology Clinic in 2013 where she manages pediatric clients with Type 1 and Type 2 diabetes.

Leslie Fontenot, RD, CDE, LDN, MS
Ms. Fontenot is a Registered and Licensed Dietitian/Nutritionist and a Certified Diabetes Educator. She prepares newly diagnosed diabetics and their families for discharge from the hospital and is employed at the Kids Specialty Center.

Janie Eldridge, CCLS
Ms. Eldridge is a Certified Child Life Specialist who works at Women’s and Children’s Hospital using play to assess children for knowledge and coping with diabetes.

Mary Miller, MS, RD, LDN, CSP
Ms. Miller is employed at Women’s and Children’s Hospital as a Registered Dietitian. She is certified as a Specialist in Pediatrics.

Julie Buller, BSN, RN
Ms. Buller is a school nurse working with Health Services for Lafayette Parish School System.

Becky Vincent, BSN, RN
Ms. Vincent is a school nurse working with Health Services for Lafayette Parish School System.

Breezy Rourk, BS
Ms. Rourk has her BS in Kinesiology concentrating in Health Promotion and Wellness. She is the Community Education Coordinator at Women’s Foundation and she coordinates and instructs Kids on the Geaux, a pediatric weight management program.

Eugene Kwarteng, ACE SFG II
Mr. Kwarteng is a former athlete at University of Louisiana at Lafayette who has worked at Red Lerille’s Health Club as a personal trainer for the past ten (10) years. He works with children and adults from 7-73 years old to achieve fitness.

SPECIAL NEEDS
University of Louisiana at Lafayette will seek to accommodate persons with special needs. If you have a special need which may require accommodations, please notify Continuing Nursing Education, (337) 482-6682 or email nursing_ce@louisiana.edu five (5) days in advance to make arrangements.

REFUND POLICY
REFUNDS WILL BE PROVIDED UNTIL FEBRUARY 17, 2014. NO REFUNDS WILL BE MADE FOR CANCELLATIONS AFTER FEBRUARY 17, 2014. FEE MAY BE APPLIED TO ANOTHER PROGRAM IF YOU CANCEL AT LEAST ONE DAY PRIOR TO THE PROGRAM.

For your convenience, the College of Nursing accepts telephone registrations with payment at the door. However, if the registrant fails to attend and does not pay registration, a bill will be mailed to the registrant.
### Pediatric Diabetes Epidemic

February 21, 2014

**REGISTRATION FORM**

| Name: ____________________________ |
| (Last) (First) (Middle) |
| Address: ____________________________________________ |
| City: __________________ State: ____ Zip: ______ |
| Phone (H): ________________ (W): ___________________ |
| E-mail: ____________________________________________ |
| Employer: __________________________________________ |

**REGISTRATION**

| CHECK ONE |
| REGISTRATION |
| ______ Individual $80.00 |
| ______ Subscriber Participant $15.00 |
| ______ Retired RN $30.00 |
| ______ Undergraduate Students and Dietetic Interns $10.00 |
| ______ Graduate Students $40.00 |

Please add $10.00 for registrations received after Monday, February 17, 2014.

For your convenience the College of Nursing accepts telephone registrations with payment at the door. However, if the registrant fails to attend and does not pay registration, a bill will be mailed to the registrant.

**FOR MORE INFORMATION, CALL 337-482-6682**

**PLEASE MAKE CHECK PAYABLE TO:**

UL Lafayette
College of Nursing & Allied Health Professions

**MAIL WITH REGISTRATION INFORMATION TO:**

UL Lafayette
College of Nursing & Allied Health Professions
CONTINUING NURSING EDUCATION
P.O. Box 43810
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Fax: 337-482-5053
Email: nursing_ce@louisiana.edu
Web: www.nursing.louisiana.edu

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**University of Louisiana at Lafayette**
College of Nursing and Allied Health Professions
Continuing Nursing Education Program

**~Presents~**

**Pediatric Diabetes Epidemic**

Friday, February 21, 2014
8:15 AM – 3:00 PM

**Contact Hours:** 5.0

**2013-2014 Subscribers**
Abbeville General Hospital
Acadiana Brain Injury Center
Complete Home Health
Cornerstone Village South
First Option Home Health
Heart Hospital of Lafayette
Lafayette General Medical Center
Lafayette Juvenile Detention Home
Lafayette Parish School System - Nursing Health Services
Lafayette Surgicare
Louisiana Nursing Home Association – Region III Oncologics, Inc.
Our Lady of Lourdes Regional Medical Center
Post Acute Specialty Hospital of Lafayette
Region IV Nurses
South Louisiana Community College
The Regional Medical Center of Acadiana
University Hospital and Clinics
Women’s & Children’s Hospital

Presented at
Petroleum Club of Lafayette
111 Heymann Blvd
Lafayette, LA